



Job Training and Safety NEWSLETTER

Information & Schedule for September 13th, through October 18th, 2012

Electric Departments 1.5 – 2 hours

Accidents Discussion 20 minutes

Cable Fault Location, Unit 1

Cable Fault Location, Unit 1 - Video 51 minutes
Cable Fault Location, Unit 1 – Quiz PowerPoint 10 minutes

Loadbuster: Operation & Field Maintenance

Loadbuster - video 17 minutes
Loadbuster - discussion 20 minutes

Public Works Departments / Combined 1.5 – 2 hours

Asbestos Cement Pipe Safety

Asbestos Cement Pipe PowerPoint presentation 30 minutes
Asbestos Cement Pipe video 20 minutes
Asbestos Cement Pipe Safety PowerPoint quiz 15 minutes

Accidents Discussion 20 minutes

Advanced Hand & Power Tool Safety

Hand & Power Tools - PowerPoint presentation, long 50 minutes

**MESO will send reminder cards before any
scheduled safety meeting
should there be a change due to
weather or other
unforeseen occurrence.
We will contact appropriate safety
personnel by phone.**

JT&S TRAINING SCHEDULE
Training Period 8
September 13th, through October 18th, 2012

DATE	CITY	TIME	MEETING
Thursday, September 13	TRAINERS MEETING	MESO OFFICE	10:00 a.m.
Thursday, September 13	The Supervisor Course “High Impact Morale & Motivation” Altus, Oklahoma		
Friday, September 14	OMPA	10:00 a.m.	NEW WORLD
Monday, September 17	Sallisaw	9:45 a.m.	ED
	Spiro	1:15 p.m.	CM
	Collinsville	10:00 a.m.	PW
	Collinsville	1:00 p.m.	ED
Tuesday, September 18	Clarksville	7:00 a.m.	ED
	Clarksville	9:00 a.m.	PW
	Benton	2:00 p.m.	ED
	Monett	7:00 a.m.	ED
	Monett	9:00 a.m.	PW
	Bentonville	2:00 p.m.	ED
	The Supervisor Course “Personal Accountability” Oklahoma City, Oklahoma		
Wednesday, September 19	Hope	7:30 a.m.	ED
	Hope	10:00 a.m.	PW
	Prescott	1:00 p.m.	PW
	Prescott	2:30 p.m.	ED
	Siloam Springs	8:00 a.m.	ED
	Siloam Springs	10:15 a.m.	PW
	Haskell	3:00 p.m.	PW
	Edmond	9:30 a.m.	NEW WORLD
Thursday, September 20	Wagoner	8:00 a.m.	ED
	Wagoner	10:00 a.m.	PW
	Tahlequah	3:00 p.m.	PW
	Frederick	8:30 a.m.	NEW WORLD
	Marlow / Duncan	1:00 p.m.	NEW WORLD
Friday, September 21	Stillwell	8:00 a.m.	ED
	Stilwell	10:00 a.m.	PW
	Tahlequah	3:00 p.m.	ED
Monday, September 24	Hominy	9:45 a.m.	ED
	Pawhuska	1:00 p.m.	PW
	Pawhuska	3:00 p.m.	ED

MESO JT&S SEPTEMBER — OCTOBER 2012 NEWSLETTER

DATE	CITY	TIME	MEETING
Tuesday, September 25	Cleveland	7:00 a.m.	PW
	Mannford	10:00 a.m.	PW
	Mannford	1:00 p.m.	ED
	GRDA – Pryor	7:30 a.m.	ED
	Pryor	10:00 a.m.	ED
	Pryor	1:00 p.m.	PW
Wednesday, September 26	Stroud	8:00 a.m.	CM
	Cushing	1:00 p.m.	ED
	Cushing	3:00 p.m.	PW
	Miami	7:00 a.m.	ED
	Miami	9:00 a.m.	PW
	Vinita	1:00 p.m.	PW
Thursday, September 27	Yale	10:00 a.m.	CM
	Stillwater	1:30 p.m.	ED
	Claremore	7:00 a.m.	ED
	Chelsea	10:00 a.m.	PW
Friday, September 28	Skiatook	8:00 a.m.	ED
	Skiatook	10:00 a.m.	PW
Monday, October 1	Newkirk	10:00 a.m.	CM
	Blackwell	1:00 p.m.	PW
	Blackwell	3:00 p.m.	ED
Tuesday, October 2	Ponca City	7:00 a.m.	WD
	OMPA-Ponca City	11:00 a.m.	ED
	Ponca City	1:00 p.m.	ED
	Watonga	8:00 a.m.	ED
	Watonga	10:00 a.m.	PW
	El Reno	1:30 p.m.	PW
Wednesday, October 3	Tonkawa	8:00 a.m.	CM
	Pond Creek		
	North Central	1:00 p.m.	PW
	Pond Creek	3:00 p.m.	ED
	Kingfisher	8:00 a.m.	ED
	Kingfisher	10:00 a.m.	PW
	Geary	1:15 p.m.	CM
	OGA Board Retreat Norman, Oklahoma		
Thursday, October 4	Guthrie	8:00 a.m.	PW
	Cordell	1:00 p.m.	ED
	Mooreland	10:00 a.m.	CM
	Waynoka	2:00 p.m.	CM
	OGA Board Retreat Norman, Oklahoma		

MESO JT&S SEPTEMBER — OCTOBER 2012 NEWSLETTER

DATE	CITY	TIME	MEETING
Friday, October 5	Seiling/Taloga/Vici	8:00 a.m.	PW
	Fairview / Okeene	1:00 p.m.	ED
	Collinsville	8:30 a.m.	“The 3 Ts”
Monday, October 8	Duncan / Marlow	8:00 a.m.	ED
	Duncan	10:15 a.m.	PW
	Marlow	2:00 p.m.	PW
Tuesday, October 9	Frederick	8:00 a.m.	ED
	Frederick	10:00 a.m.	PW
	Altus	3:00 p.m.	PW
	Lindsay	7:00 a.m.	ED
	Purcell	10:00 a.m.	ED
	Lexington	1:15 p.m.	CM
	Miami	1:00 p.m.	“The 3 Ts”
Wednesday, October 10	Mangum / Granite	8:00 a.m.	ED
	Mangum / Granite	10:00 a.m.	PW
	Altus	3:00 p.m.	ED
	Wagoner	8:30 a.m.	“The 3 Ts”
	Pryor	1:00 p.m.	“The 3 Ts”
Thursday, October 11	Walters	8:00 a.m.	ED
	Walters	10:00 a.m.	PW
	Waurika	1:15 p.m.	PW
The Supervisor Course “Personal Accountability” Altus, Oklahoma			
Friday, October 12	Lindsay	8:30 a.m.	“The 3 Ts”
Tuesday, October 16	Prague	8:00 a.m.	ED
	The Village	1:00 p.m.	PW
	Stillwater	8:30 a.m.	“The 3 Ts”
	Pawnee	1:00 p.m.	“The 3 Ts”
Wednesday, October 17	Tecumseh	8:00 a.m.	ED
	Comanche	12:30 p.m.	CM
	Stroud	8:30 a.m.	“The 3 Ts”
	Cushing	1:00 p.m.	“The 3 Ts”
Thursday, October 18	Edmond	7:00 a.m.	ED
	Perry	10:00 a.m.	ED
Friday, October 19	TRAINERS MEETING	MESO OFFICE	10:00 a.m.

CALENDAR OF UPCOMING PROGRAMS

Monkey Management & the Art of Delegation	Claremore, OK	September 11, 2012
The Supervisor Course: High Impact Moral & Motivation	Altus, OK	September 13, 2012
National Electric Safety Code Update for 2012	Oklahoma City, OK	September 18, 2012
The Supervisor Course: Personal Accountability	Oklahoma City, OK	September 18, 2012
OML / MESO Annual Conference	Oklahoma City, OK	September 25 - 27, 2012

Symptom Alert

From Yourhealthstyle September 2000

It may be easy to slough off lots of minor health problems, but beware. Some symptoms are signals of a serious condition and shouldn't be ignored. If you suffer from any of the following or any other symptom that you aren't sure about, see your doctor.

- Unexplainable pain in any part of the body
- Excessive tearing or discharge in the eye
- Dizziness or lightheadedness
- Severe headache of unknown cause
- A change in the appearance of a mole
- A persistent cough
- A lump or thickening in any part of the body
- Unexplainable shortness of breath or difficulty breathing
- Unexplained weight gain or weight loss
- Uncomfortable pressure, fullness, squeezing or pain in the chest lasting more than a few minutes
- Depression that continues for several weeks
- Unexplainable fatigue that lasts more than a day
- Confusion or slurring of speech
- Unexplainable bleeding from any area of the body

JT&S PARTICIPANT CITIES

Altus	Mannford
Anadarko	Marlow
Antlers	Miami
Benton, AR	Monett, MO
Bentonville, AR	Mooreland
Blackwell	N Central Area Council
Bristow	OMPA
Broken Bow	Okeene
Chelsea	Pawhuska
Claremore	Pawnee
Clarksville, AR	Perry
Cleveland	Ponca City
Clinton	Pond Creek
Comanche	Prague
Cordell	Prescott, AR
Cushing	Pryor Creek
Drumright	Purcell
Duncan	Sallisaw
Edmond	Seiling
El Reno	Shawnee
Fairview	Siloam Springs, AR
Frederick	Skiatook
GRDA	Spiro
Geary	Stillwater
Granite	Stilwell
Grove	Stroud
Guthrie	Tahlequah
Guymon	Taloga
Haskell	The Village
Hominy	Vici
Hope, AR	Vinita
Kingfisher	Wagoner
Laverne	Walters
Lexington	Watonga
Lindsay	Waurika
Mangum	Yale



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